

WELLSVILLE WELCOMER

Wellsville Retirement Community Monthly Newsletter

www.wellsvillerc.com

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CULTURE CHANGE/ SCHMULTURE CHANGE

The term “culture change” is often used around Wellsville Retirement Community to convey the decision we made several years ago about our commitment to being a great place to work and live. I must confess to having mixed feelings about the term because those of us who work at WRC really aren’t focused on “changing” anything. More accurately and most importantly, we are focused on developing and creating an environment that supports and empowers our residents in their daily lives.....and ourselves!

Nursing homes have been around for many decades and probably the majority of people still have the stereotype in their minds – and unfortunately in their experience – that they are “stinky” places where people go to die and no one really wants to live there, work there or visit. It is this “image” and perception that will gradually diminish over time as we successfully demonstrate day in and day out that nursing homes and retirement communities can, in fact, be GREAT places to work and live.

Many people in health care and long term care, in particular, have probably had the thought that “culture change” is just another “thing” or “fad” that will eventually fade away. Having worked in this field now for more than 25 years, I honestly don’t think that will be the case. At our sister community in Overbrook - Brookside Retirement Community - we have been engaged in the “culture change” conversation for more than 10 years now.

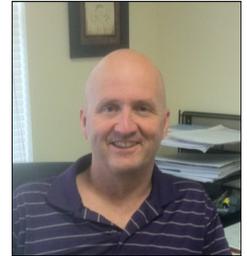
And at WRC, it has been in our speaking since Day One which is over 6 and 1/2 years ago. So I assert that “culture change” and all that it conveys will be around for many years to come. And while the concept might evolve and morph into different terms and phrases, I am confident the essence of it will stay pure which, in my opinion, is the right to lead a quality life full of choices and fun and the ability to age with dignity and respect.

ANNUAL STATE SURVEY

We are officially in our “survey window” which means that any day we might have several state surveyors show up at WRC to conduct our annual inspection. I always welcome this opportunity because it allows us to demonstrate all the great things we are up to at WRC. It also is a time where we will get some “feedback” on how we are doing relative to the hundreds of state and federal regulations that cover long term care facilities in the United States. I always tell my staff members that state surveyors are our “partners.” They have the exact same commitment we have – quality of care and quality of life for each and every resident! Upon conclusion of our state survey, I will write in my monthly article how well we fared. Also, please know that a copy of our state survey is always available near the front door.

‘til next month,

Scott



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Scott Averill
Owner

Levi Davis
Human Resources
Director

Dorothy Adams
Social Services

Myra Geer
Food Services

**Sue Foster &
Jeanie Good**
Environmental
Services

**Jennifer
Carpenter**
Lifestyle Coordinator

Kristine Martinez
DON and
MDS Coordinator

Mark Hurley
Therapy Director

Marcene Longanecker is July Resident of the Month

Marcene is a resident of our Country View Neighborhood. She was born June 13th, 1923...which happened to be a Friday. Oddly enough, her last birthday was also a Friday the 13th.

Marcene was a school teacher in a 1 room school house in the Kansas City area before she took a break from teaching for a few years to be a housewife and raise 5 children. She and her husband, Ed, started out on a farm raising hogs where Clinton Lake is now located. They then moved to a farm outside of Edgerton.

Eventually, Marcene decided to go back to teaching and taught first grade in Gardner until she retired and sold real estate with Ed. Marcene and Ed eventually gave up farming and moved to Gardner Lake.

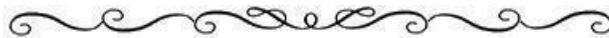
Marcene's son, Clay, said his mother was too busy to enjoy many hobbies. However, he said

she once enjoyed watching old westerns and classic shows such as the Waltons. Marcene always liked the Lawrence Welk Show.

Marcene has brought a lot of joy and laughs to our Country View Neighborhood. Her son says, "My brother and I like that is close to visit our mom. The people are really nice and it's a very nice place."



Morgan and Marcene share July honors.



Morgan Burton is July Service Excellence Honoree

Morgan has been a Certified Nurse Aide at Wellsville Retirement Community for over 4 years. She was born and raised in Baldwin City and now resides in Olathe while she attends college.

Morgan has been an avid player of softball since the young age of 5. She played on a traveling competitive team for 6 years which took her as far as the west coast. Following high school, she played softball for 2 years at Mid-America Nazarene. Her biggest fan is her father.

Morgan recently gave up all the softball to pursue her dream of becoming a nurse and is currently enrolled in the Registered Nurse program at Mid-America Nazarene. When it comes to nursing, Morgan says she loves helping people and she thought what better way to help people than to become a nurse.

She expects to graduate in May 2016.

Despite Morgan's busy schedule, she still finds time to play slow pitch, go shopping and hang out with friends and family. She especially enjoys spending time with her nephews, Lane and Levi. And Morgan loves country music. She recently attended the wildly popular Country Stampede at Tuttle Creek State Park in Manhattan.

Morgan always has a smile on her face and is willing to step up and fill in for others when needed. She is a favorite of the residents in the Meadowlark Neighborhood. When asked what she loves about working at WRC, Morgan simply replied, "I love the residents!"

Thank you Morgan for your dedication!



Jennifer's Corner: Activities at WRC

Hello to all of our readers. We have some new things going on in the activity department. I, Heather Nigh, am your new Lifestyle Coordinator in our Country View Neighborhood. I would like to introduce myself to all the readers. I live in Baldwin City with my husband, Jimmy, and 4 children. I previously worked in Meadowlark Neighborhood as a CNA, and I'm currently enrolled in the Certified Med Aid class here at WRC. I am excited to start my new journey in activities. My hours will vary depending upon the activities, but I am usually here from 8:30a.m.-4:30p.m. Monday through Friday. My door is always open and I encourage our readers to feel free to make suggestions, join our volunteer program, and to help me create great activities for our wonderful residents.

I would like to thank all of our amazing volunteers, and a special thank you to Katrina Carmen, Marisa Carmen, and Kelsey Henderson for your lovely music presentation during our ladies tea featuring phenomenal women in honor of the late Maya Angelou.

We would like to invite all our family and friends to attend WRC's fireworks display on Thursday July 3rd at 8:45pm. Then join us on the 4th of July for a cookout at 11:45. We will be having traditional cookout foods such as, hamburgers, hot dogs, chips, desserts and watermelon. We will then wrap the celebration up at 3:00p.m. with music from the Lintner's.

On July 7th, we will be featuring "Ruthi". She is an award winning vocalist from Oklahoma. Ruthi is the #1 booked female artist in South Texas, and hosts her very own tv show, "Ruthi's Showcase." Please join us!

On Wednesday, July 9th, we will be heading to Kansas City to the T-bones game. We have some extra tickets if anyone would like to join us. If interested, please contact Heather or Jennifer. Thursday, July 17th, we will be having the Barbershop Quartet at 5:45p.m.

The Omelet King will be showing off his culinary skills with gourmet omelets on July 25th, at 7:30a.m. followed by a trip to Argosy Casino at 10:30a.m.

We continue to have fishing on the schedule; however, due to Mother Nature it is difficult to schedule a month ahead of time. If you are interested in joining us for some of our fishing trips, please call Heather or Jennifer, and we will call you in advance. Have a great month and Jennifer says "Hello" from Meadowlark.

Don't forget to join us for any and all of our Weekend Wows!



Our new Country View Neighborhood Lifestyle Coordinator, Heather Nigh.

*If you would like to view photos and videos of all the fun that goes on at WRC, visit our Facebook page.
(Search for Wellsville Retirement Community.)*

Check our enclosed calendar for a detailed schedule of great entertainment!

If you would like to view photos of our new Assisted Living and Skilled Unit, visit our website at www.wellsvillerc.com and click on News > Expansion.



Wellsville Retirement Community

304 W. 7th

Wellsville, Kansas 66092



*Join us for a spectacular
show from award-
winning entertainer...*

RUTHI

*Monday, July 7th
@ 3:00 p.m.*

SPOTLIGHT #1: Brianna Reno

SPOTLIGHT # 1 is on Brianna Reno who graduated this past May from Wellsville High School and plans to attend Hutchinson Community College this fall on a music scholarship. She has two sisters and works as a dietary aide at WRC.



FAVORITE HIGH SCHOOL MEMORY: When I received the top award of a "1" at the Kansas State Music Festival!

3 WORDS THAT DESCRIBE ME: Musical, friendly and silly.

IF I COULD BUY ANYTHING WITH PRICE

NOT BEING A CONCERN: A brand new house for my Mom and I'd pay all the bills.

IF I COULD TRAVEL ANYWHERE IN TIME I WOULD: Go to the 1980's to see Journey!

A PERSON IN MY LIFE WHO INSPIRED ME: My high school band teacher, Mrs. Lindbloom.

IF I COULD WAVE A MAGIC WAND AND CHANGE ONE THING ABOUT THE WORLD: I'd make the world a safer place for everyone!

SPOTLIGHT #2: Heather Stephens

Spotlight #2 is on Heather Stephens who recently joined our staff and is working 6P to 6A on the week-ends as an R.N. Heather worked for several years as a C.N.A. in long term care and recently graduated from Neosho Community College with her nursing degree. She and her husband live in Ottawa and they have 2 children.



FAVORITE HIGH SCHOOL MEMORY: Going to cheerleading camp in Salina, Kansas.

3 WORDS THAT DESCRIBE ME: Fun, out-going and goofy!

A PERSON IN MY LIFE WHO INSPIRED ME: Both of my children.

IF I COULD BUY ANYTHING WITH PRICE

NOT BEING A CONCERN: Food for all the hungry children in the world.

IF I HAD A TIME MACHINE AND COULD TRAVEL ANYWHERE IN TIME: I would go to the 1950's when Elvis was popular.

IF I COULD WAVE A MAGIC WAND AND CHANGE ONE THING ABOUT THE WORLD: No more starving children!